



## COVID Safeguard Policies May 2020

### **Employee Protection**

- Any job that can be done from home, will be done from home.
- All employees will be screened daily for COVID-19 symptoms. A yes answer to any of the following questions will result in the employee being sent home:
  - Have you been in close contact with a confirmed case of COVID-19?
  - Are you experiencing a cough, shortness of breath or sore throat?
  - Have you had a fever in the last 48 hours?
  - Have you had a new loss of taste or smell?
  - Have you had vomiting or diarrhea in the last 24 hours?
- Temperature Screening
  - All employees will be temperature screened upon arrival at work.
  - Temperature should not exceed 100.4 degrees Fahrenheit. Employees will be sent home if above temperature.
- Employees will wear face masks at their own discretion.
- Sanitizing stations will be placed throughout the gym for frequent sanitizing.
- Social distancing will be in effect – “Further is safer.”
- Congregating in the staff room will be prohibited.
  - Maximum of 1 coach in the break room; Sumner location
  - Maximum of 4 coaches in the break room; Auburn location
- Employees are to increase hygiene practices – wash hands more frequently, avoid touching face, practice good respiratory etiquette when coughing or sneezing.
- All employees MUST stay home if feeling ill, report any symptoms of illness to supervisor and require notification of COVID-19 positive case in employee household.
- Employees who are particularly vulnerable to COVID-19 according to the CDC (e.g., due to age or underlying health conditions) should stay home.
- Any employee who exhibits COVID-19 symptoms (answers yes to any of the screening questions, or who is running a fever) will be asked to leave the premises immediately and seek medical care and/or COVID-19 testing, per the Washington State Health Department and CDC guidelines.
  - Auburn Gymnastics Centers will maintain confidentiality of employee health information.
- Auburn Gymnastics Centers plans for potential COVID-19 cases and will work with local health department officials when needed.
- Auburn Gymnastics Centers will post signage on health policies, including the following documents, in the workplace to help educate building occupants on COVID-19 best practices:
  - CDC guidance to stop the spread of germs.
  - CDC guidance on COVID-19 symptoms.

### **Consumer Protection**

- Customers will be screened for illness upon entry to the gym:
  - Temperature checks for every customer. Persons with temperatures above 100.4 degrees Fahrenheit will not be permitted on the premise.
- Auburn Gymnastics Centers will post signs encouraging social distancing, visible to all customers.
- All customers will be required to sanitize their hands upon entering the facility.
- Any person that is vulnerable or at-risk for COVID-19 as identified by the CDC – including those who are over the age of 65 or those who have chronic medical conditions – take extra precaution or refrain from use of the facility during Phase 1 of re-opening.
- AGC encourages ALL families to pick up and drop off, not enter the building.
- If an adult must observe class, only one parent/guardian is allowed in the facility. No siblings.
- All athletes will sanitize/wash hands after every rotation.

### **Business Process Adaptations**

- Social distancing will be in effect at Auburn Gymnastics Center.
- Auburn Gymnastics Staff members will conduct regular (no longer than 2 hours) disinfecting of high-touch surfaces, equipment and common areas of the facility using disinfectant cleaning supplies according to CDC guidelines.
- All families will be required to sign a new waiver including COVID-19 measures.
- Lockers will not be immediately available. All gymnasts will be required to bring a personal backpack with all personal equipment. (See attached equipment list)
  - Limited chalk for individual containers will be supplied by the gym.
  - Athletes that use water (spray bottle) on bars, must bring their own spray bottle.
  - Hand sanitizer must be in personal backpack.
- Auburn Gymnastics recommends that employees and customers wear face masks at own discretion.
- Equipment will be restricted to maintain at least 6 feet of distance between gymnasts.
- Water fountains will be closed. All gymnasts will be required to bring own water bottle.
- Spotting will be limited to safety purposes only.
- Gloves will be worn when there is any contact with an athlete (spotting or taping).
- There is to be no partner activities during class.
- All props will be sanitized after each use.
- All gymnasts will be required to have their own chalk bag/Tupperware. Chalk bins will be closed – TEAM GYMNASTS ONLY
- Athletes and coaches will avoid physical contact with another: e.g., hugs, high fives, etc.
- Athletes, coaches and families will not be allowed to enter the facility if they or a household member has had onset of illness with symptoms compatible with suspected or lab-confirmed COVID-19 in the prior 14 days.
- Auburn Gymnastics Centers will work with local health authorities if a member has developed a positive COVID-19 diagnosis.
  - Auburn Gymnastics Centers will maintain confidentiality of the COVID-19 infected person.
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### **Traffic Flow of People in and Out of the Facility**

- Athletes will be greeted at the door of the facility upon arrival and be given a temperature check.
- Observation areas will be adjusted to facilitate social distancing. We strongly encourage drop off and pick up only. No spectators.

The purpose of this document is to provide specific procedures at Auburn Gymnastics Center. These procedures are subject to the guidance provided by state health departments, the Centers for Disease Control (CDC), as well as our personal experts leading us. As the situation with COVID-19 continues to change and the guidance from those agencies can shift with little to no notice, Auburn Gymnastics Center reserves the right to adjust these procedures, with or without amending these written procedures.